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Spatalekulani

*To visit Spa Halekulani is to engage and indulge all the senses. Drink in the spa's signature scent of Maile, made from highly fragrant foliage once reserved for ali'i - Hawaiian royalty - and special occasions. The spirit and essence of these treasured leaves represent our signature scent.*

*Tranquility and healing have played a significant role in Halekulani's rich history. Gray's Beach, which fronts Halekulani, was known to early Hawaiians for its healing waters, also known as "Kamohenehe." This philosophy of renewed well-being is experienced every day at Spa Halekulani.*



## A HEAVENLY JOURNEY

*SpaHalekulani infuses the concept of well-being throughout your entire experience, evolving healthy practices to inspire an elevated lifestyle. The spa's superior services explore the world of possibilities, from indigenous healing to unparalleled practices but always represent a balanced element within the whole.*

*Intertwining authentically crafted Polynesian therapeutic rituals with today's purest products and proven techniques, award-winning SpaHalekulani professionals usher guests into an enveloping experience like no other. Our commitment is to harmoniously restore our guest's mind, body and soul with a respite that is spiritual, cultural and emotional.*

*SpaHalekulani massage, body treatments and skin care services begin with our signature Spa Salutation, include private 'Suite Style' changing facilities, and finish with light refreshments on the serene terrace to complete your spa experience. This will extend the duration of your time with us by 15 minutes.*

 *indulge with our SpaHalekulani signature treatments*



## MASSAGE BODY WORK

### EXPERIENCE TRADITION

Healing modalities have been an integral part of cultures throughout the Pacific for many generations. SpaHalekulani has captured the essence, using ingredients for massage that are indigenous to the islands, offering a unique taste of a profound experience.

### FROM THE PACIFIC

authentic treatments practiced by Islanders for generations, the finest expression of Polynesian bodywork

**LOMI LOMI** *Hawaiian Massage ~ 50 MIN & 80 MIN*  
*the ultimate in relaxation, using oil of the kukui nut*

**NONU** *Samoaan Massage ~ 50 MIN & 80 MIN*  
*incorporates hot stones to release muscular tension, using oil of noni*

**TAURUMI** *Tahitian Massage ~ 50 MIN & 80 MIN*  
*combines invigorating techniques to awaken the senses, using oil of monoï*

✿ **HO'OLELE** *Signature Massage ~ 50 MIN & 80 MIN*  
*intense yet soothing strokes characterize this extraordinary deep barefoot massage (recommended for those who prefer strong pressure)*

### FROM THE EAST

a collection of Asian therapies to offer you a healing experience for the mind and body

**SHIATSU** *Japanese Pressure Therapy ~ 50 MIN & 80 MIN*  
*deep 'finger pressure' points for overall stimulation*

**ZEN SHIATSU** ~ 50 MIN & 80 MIN  
*acupressure to balance the body's energy system (provided on a futon, wear loose comfortable clothing)*

**THAI MASSAGE** *Techniques from Thailand ~ 50 MIN & 80 MIN*  
*gentle compressions combined with stretching (provided on a futon, wear loose comfortable clothing)*



## MASSAGE BODY WORK

### CUSTOM CARE

Provided by some of the finest in their fields, our personalized massage services are designed to address your individual needs. Some benefits include: improved circulation, muscular toning, tension release, enhanced sleep and relaxation.

**AROMATHERAPY MASSAGE** ~ 50 MIN & 80 MIN  
*incorporates a selection of essential oil blends to enhance your state of being: Breathe, Relax, Energize, Balance and Well-being*

**CUSTOM MASSAGE** ~ 50 MIN & 80 MIN  
*combines techniques to suit your individual needs*

**FOUR HANDS DELIGHT** ~ 30 MIN  
*two providers working to relax you from head to toe*

**HEAD, NECK & SHOULDERS** ~ 30 MIN  
*releases upper body tension, using arnica lotion*

**HOT STONE THERAPY** ~ 80 MIN  
*penetrating heat for a deeper sense of relaxation*

**LEG RELIEF** ~ 30 MIN  
*releases lower body tension, using arnica lotion*

**PRENATAL MASSAGE** ~ 50 MIN  
*provides relaxation with body support and gentle care (not recommended during 1st trimester)*

**REFLEXOLOGY** ~ 50 MIN  
*stimulates the body with specific pressure applied to the feet*

**SWEDISH MASSAGE** ~ 50 MIN & 80 MIN  
*combines therapeutic techniques to rejuvenate the entire body*

*Enhancements ~ 30 minute services for an additional fee: Conditioning Hair Therapy, Furo / Bath Ritual, Nourishing Mini Facial, Soothing Scalp & Foot Massage, Purifying Steam Shower*

*In-room massages also available, please inquire about our complete menu of guestroom experiences*



## BODY TREATMENTS

*Our body treatments incorporate quality products that are organic, wildcrafted or locally sourced, proven to be effective for both mind and body.*

### *✿ HALEKULANI SUPREME ~ 100 MIN*

*Take pleasure in our deluxe body treatment, combining a full body exfoliation and soothing soak, followed by a moisturizing wrap and relaxing massage.*

### *CONDITIONING BODY POLISH ~ 50 MIN*

*purifies your skin with an invigorating scrub, steam shower, followed by a soothing application made from the finest natural ingredients*

### *TROPICAL MOISTURIZING WRAP ~ 80 MIN*

*a gentle exfoliation, followed by a botanical body butter application and envelopment*

### *ESPRESSO LIMON SLIMMING TREATMENT ~ 80 MIN*

*incorporates espresso, lemon extracts and Moroccan cinnamon, to detoxify your body, resulting in smoother and firmer skin*

### *“AFTER GLOW” POST-SUN BODY TREATMENT ~ 50 MIN*

*experience the healing effects of aloe vera and noni*



## SKIN CARE

### FOR THE FACE

SpaHalekulani facials are categorized by the needs of your skin, and available for your choosing. Based on your selection, an expert aesthetician will provide the utmost care using products perfectly formulated for results, leaving you looking and feeling your best.

### ANTI-AGING

#### “TIMELESS” FACIAL ~ 50 MIN

*features peptides, antioxidants, and collagen-supporting serums, combined with massage to tone the face*

#### “ATOXELENE” OXYGEN FACIAL ~ 80 MIN

*targets fine lines and wrinkles, while promoting smoother, softer skin*

#### “VITAMIN C+3 BOOST” OXYGEN FACIAL ~ 80 MIN

*designed to visibly correct the signs of aging by using a boost of 3 forms of Vitamin C*

### BRIGHTENING

#### “GLOW” FACIAL ~ 50 MIN

*features products to lighten and brighten your skin for a balanced and overall improved complexion*

#### “OPULENCE” OXYGEN FACIAL ~ 80 MIN

*utilizes potent serums that target dull skin and hyper-pigmentation, resulting in an even complexion and skin tone*

### HYDRATING

#### “QUENCH” FACIAL ~ 50 MIN

*promotes lasting effects of hydration with applied moisture products*

#### “REJUVENATE” OXYGEN FACIAL ~ 80 MIN

*incorporates hyaluronic gel to deliver instant results for supple skin*

### CALMING

#### “TRANQUIL” FACIAL ~ 50 MIN

*soothes and nourishes sensitive skin with an assortment of calming ingredients*

#### “COLLAGEN BOOST” OXYGEN FACIAL ~ 80 MIN

*improves the volume and elasticity of the skin with collagen supporting serum*

### DETOXIFYING

#### “PURIFY” FACIAL ~ 50 MIN

*features skin clarifying products that leave the pores clear to improve the texture of your skin and repair damage done by environmental stressors*

#### “CLARITY” OXYGEN FACIAL ~ 80 MIN

*targets acne and reduces inflammation with serums designed to clear and refine problematic skin*

### SIGNATURE

#### ✿ “HALEKULANI FACIAL” ~ 80 MIN

*Choose any 50 min facial based on your skin care needs and allow us to pamper you further with an additional exfoliating step, a firming and lifting mask, a nourishing foot and hand treatment.*

#### ✿ “ORGANIC” FACIAL ~ 50 /80 MIN

*This natural beauty treatment incorporates some of the latest breakthroughs in organics as well as potent, proven botanicals and marine extracts to ensure visible results.*

*Oxygen facials can be provided in your guestroom for an addition charge.*



## SKIN CARE

### FOR THE BODY

*We treat the skin on your body with as much attention and care as your face. Refer to the Body Treatment page for a complete list of services.*

#### **"CLEANSING BACK TREATMENT" ~ 30 MIN**

*clarifies, brightens and hydrates the skin while addressing skin conditions and concerns on the back*

#### **FACIAL AND BODY WAXING SERVICES**

*Brow Clean-Up  
Brow Shape  
Lip  
Chin  
Cheek  
Under Arm  
Half Arm*

*Full Arm  
Chest  
Back  
Bikini Line Clean-Up  
Full Bikini  
Half Leg  
Full Leg*





## SPA RITUALS

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FOR WELLBEING

*Experiences designed to relax, revive and renew...  
allowing you to enjoy complete fulfillment.*

### VITALITY ~ 90 MIN

*Stimulate your mind and body with this splendid combination... a Tropical Sugar Scrub created with natural ingredients, followed by an invigorating Custom Massage using our SpaHalekulani signature 'Energizing' oil.*

### SERENITY ~ 2.5 HRS

*Your tension will begin to release during the lavish Hair & Scalp massage. As you remain in 'the zone', the Massage continues to become full body using an intoxicating blend of essential oils for relaxation, and concludes with a Soothing Facial for the perfect final touch.*

### REJUVENATION ~ 2.5 HRS

*Enjoy complete rejuvenation with the detoxifying properties of this deluxe body experience. Start with a Purifying Steam Therapy, then allow us to provide you with techniques to replenish the lymphatic system. Afterwards, enjoy being smothered with a nourishing Botanical Body Wrap and application. Complete the renewal with a Cleansing Facial to satisfy your skin care needs.*

*(These rituals include a nourishing smoothie.)*



## SPA SUITES

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EXCLUSIVE FOR COUPLES

*Our duet suite experiences offer a private sanctuary including hydrotherapy and refreshments essential for your special occasion.*

### DEVOTION ~ 2.5 HRS

*Escape to the comfort of our couples Spa Suite, and begin your journey with a Relaxing Steam Shower and Jacuzzi Bath by candlelight with Champagne. Continue the ceremony with Soothing Scalp and Full Body Massages side-by-side using an aromatic blend of essential oils. Afterwards join together on the private terrace to delight in a selection of foods and beverages just for the two of you.*

### ENDEARMENT ~ 3.5 HRS

*Designed for shared relaxation, this ritual begins with a Light Exfoliation and Purification soak in our traditional Furo bath. Prepare yourselves for a Deluxe Massage and Facial provided side by side, concluding with a light meal to seal the memory of this special occasion.*

### ROMANCE REMEMBERED ~ 5.5 HRS

*Embark on an intimate voyage with your loved one. This package is designed to spark the pleasure of romance. It begins with our signature Spa Salutation, followed by a soak in our traditional Furo, then Relaxing Massages and Custom Facials side by side. Afterward on the terrace, savor Champagne and decadent delights prepared by acclaimed Halekulani chefs. Manicures and Pedicures provide the perfect finishing touch to your couple's retreat. (depart with a SpaHalekulani gift to enhance the romance)*



## HAIR CARE

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*Our highly trained stylists provide fabulous creations and finishing touches for the polished individual, the trendy traveler and the bride-to-be.*

### TROPICAL HAIR THERAPY

*An essential oil treatment designed to restore your hair's natural balance. This, combined with a shoulder, neck and scalp massage, will increase circulation to ease your mind and release the tension of jet-lag or stress.*

*(complimentary hair accessory, shampoo and blow dry included)*

#### Deluxe Treatment

*a Tropical Hair Therapy with shampoo, style and hand paraffin*

### DEEP CONDITIONING TREATMENT

*purifies, hydrates and reconstructs coarse, dry and sun parched hair*

### CUTS & STYLE

*Women's Cut with shampoo/style*

*Men's Cut with shampoo/style*

*Children's Cut (10 yrs and under)*

*Bang Trim, Edge Trim*

*(sideburns, beard or mustache clean-up)*

*Shampoo/Style*

*Shampoo/Set*

*Updo*

*Updo including makeup application*

*Updo with shampoo*

*Updo with shampoo and makeup application*

*Braids*

### ENHANCEMENTS

*Full Highlights*

*Partial Highlights*

*Full Color*

*Color Retouch*

*Makeup Refresher*

*Makeup Application*

*Please consult with our stylist prior to the beginning of your hair service to determine pricing. Prices may vary slightly depending on the length, thickness and requested styling of hair.*



## NAIL CARE

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*Our salon allows you to relish in the comfort of our luxurious zero-gravity chairs, as we cater to your hands and feet.*

### MANICURES & PEDICURES

*Express Manicure  
Spa Manicure  
Halekulani Supreme Manicure  
Express Pedicure  
Spa Pedicure  
Halekulani Supreme Pedicure  
Spa Mani/Pedi Combo  
Halekulani Supreme Combo  
Children's Nails  
Teen Mani/Pedi*

### GEL POLISH

*Add to Manicure  
Add to Pedicure  
Gel Polish Removal*

### ADDITIONALS

*Nail Repair  
French Polish  
Nail Art  
Paraffin  
Artificial Nail Removal*



#### SPA ETIQUETTE:

SpaHalekulani is an environment of tranquility and relaxation. In respectful consideration of all guests, we ask you to please turn off all cell phones and pagers. Speak softly and simply enjoy the silence. The spa is a non-smoking facility, both indoors and on the spa terrace.

#### HOURS OF OPERATION:

Daily 8:30 a.m.- 8:00 p.m.

#### RESERVATIONS:

Call (808) 931-5322. You may also contact us by email at [spa.halekulani@halekulani.com](mailto:spa.halekulani@halekulani.com).

#### SPA AMENITIES:

Robes, spa sandals, hair dryers, razors, shaving cream, deodorant, various lotions, shampoo, conditioner and hair products.

#### CHECK-IN:

Please arrive 15 minutes prior to your scheduled appointment.

#### LATE ARRIVALS:

All treatments will end as scheduled to avoid delay for the next guest.

#### AGE REQUIREMENTS:

Massages and body treatments are available to adults 18 years of age and over, unless accompanied by an adult in the same treatment room. Facials services are available to guests 16 years of age or older.

#### HEALTH CONSIDERATIONS:

Many treatments are contraindicated for pregnant women. If you are pregnant, or have high blood pressure, allergies or other physical ailments, please notify the spa coordinator before booking so we may better guide you.

#### CANCELLATION POLICY:

In the interest of your health in consideration of others, please contact a spa coordinator at least 4 hours prior to your appointment time to cancel or reschedule your spa treatment. All "no shows," cancellations or changes made without a 4 hour notice will be billed 100% for their scheduled services. For group bookings or parties of 4 or more, please provide at least 24 hour notice to avoid a full cancellation charge.

#### SERVICE CHARGES AND TAX:

An 18% service charge (inclusive of service provider gratuities) and Hawaii General Excise Tax will be added to all treatment prices. For exceptional service, additional gratuity may be offered at your discretion.

#### PAYMENT FOR SERVICES:

We require a valid credit card number to confirm all SpaHalekulani reservations. For your convenience, room signing privileges are available for Halekulani and Waikiki Parc Hotel guests. Major credit cards, traveler's checks and gift certificates are accepted.

Please do not bring valuables to the spa. We will provide you with a robe and slippers. Most massage and body treatments are enjoyed without clothing and our spa staff is trained to provide privacy using professional and comfortable draping techniques. Disposable undergarments are available upon request.



2199 Kalia Road • Honolulu, Hawaii 96815 • (808) 931-5322

*Original artwork created in the 1940's for Matson SS Mariposa dining menus, artist unknown.*